

2006 At a Glance



2nd Annual Empowerment Walk

The 2nd annual Sherie Hildreth Ovarian Cancer Empowerment Run/Walk took place on a sunny day in the heart of Gladstone, Oregon. Team Latus Motors Harley Davidson hosted last year's successful event and provided participants with a delicious pancake breakfast. We are proud to announce that we were able to raise and donate \$32,000.00 to O.H.S.U. Cancer Institute for Ovarian and Gynecological cancers. Thank you to all who participated as walkers, runners, volunteers and sponsors.



Teal Ribbon Luncheon

A Teal Ribbon Luncheon/Silent Auction took place on September 19, 2006 at the Portland Multnomah Athletic Club. Geri Matin, Sherie's mother, along with Davia Rubenstein, Theresa Eisenberg, Barbara Cohn, Caroline Brazelton, and Margaret Matin planned and organized this gala affair. Carol Winston, owner of Accessories from the Heart in Lake Oswego was our honorary guest. Judy Flowers, owner of Bonjour Fleurette, donated a pair of slippers to every woman in attendance. We are excited to tell you that we were able to raise and donate \$10,000 to the OHSU Cancer Institute for Ovarian and Gynecological cancers. Our speakers Drs. Tonja Pejovic, Paul Tseng, Grover Bagby and Laura Hayes spoke of cutting edge cancer research and new cancer treatments. They gave our listeners inspiration, hope, and knowledge. Thank you to all the women that attended our luncheon and helped support our cause.

Shop For A Cure

Accessories From the Heart in Lake Oswego was the place to be on December 7, 2006 for a night of shopping. Carol Winston, owner, provided a beautiful atmosphere of casual shopping topped with wine tasting and appetizers. Guests were able to purchase lovely accessories for family and friends for the holidays along with sharing the evening with supporters of our foundation. Carol then donated 15% of all sales to the Sherie Hildreth Ovarian Cancer Foundation. Thank you Carol Winston for hosting this fun-filled event.

SAVE THE DATES

August 4th, 2007



3rd Annual Sherie Hildreth Ovarian Cancer Empowerment Run/Walk

Friday Aug. 3rd:
Noon - 7 pm Early T-Shirt Pick-Up

Saturday Aug. 4th:
7:00 am Registration/T-Shirt Pick-Up
7:15 am Entertainment
7:30 am Opening Ceremony
8:00 am 10k/5k Run
8:15 am 10k/5k Walk
8:30 am 1-Mile Family Walk (Pets Welcome)

Presented by:
Team Latus Motors Harley Davidson in Gladstone, OR
Free Buffet Breakfast – donations welcome
Free Survivor Breakfast
Sponsor Opportunities, For information email:
empowermentwalk@yahoo.com

April 28th, 2007



Fish For Life: 1st Annual Salmon Derby

When: April 28th 2007
Where: Clackamette Park, Oregon City, OR
Time: 6:00 AM – 2:00 PM official weigh in time
Cost: Pro Guide Division \$150 per Angler
Amateur Division \$75 per Angler

Event T-shirt guaranteed if registration is received on or before April 9th
1 raffle ticket per participant
There will be a BBQ held at Clackamette Park at the end of the derby and several gifts to be raffled off! If you would like to purchase additional BBQ tickets they are available for \$15.00.

Events Benefiting the Sherie Hildreth Ovarian Cancer Foundation (S.H.O.C. F.)

In Remembrance...

We dedicate this first issue to Gloria Curian, who did not have ovarian cancer, but who was the essence of a survivor, a 44 year survivor of breast cancer. Her courage and desire to help others in their fight for survival, makes her our first honoree. When her mother died of breast cancer, Gloria knew that chances were good she would suffer the same disease. But when it happened, at 33 years of age, she set out to prove that she could not only survive, but she could become a positive example for others.

With a husband and three children to care for, she still found time to work with her surgeon, and other physicians, in visiting with diagnosed patients having problems in facing their problem, and with post surgery patients in getting back into their life's stride. (Remember, these were pre-chemotherapy days, and the oncology specialty was just beginning.)

All through her life, Gloria was open to anyone with either breast or ovarian cancer, ready to listen, to guide, and often, to prod women into fighting to continue on with their lives. She bowled in a women's league for twenty years following her surgery, often bringing women afflicted with cancer, to the bowling alley to show them what one could do, even having had two radical mastectomies.

Closer to home, when her daughter, Phyllis, was diagnosed with ovarian cancer, Gloria was right there, instilling in Phyllis that same determination to not only beat the disease, but also to get in the fight to help others. Right now, Phyllis is true to her heritage, working with our organization to gain attention and donations to help us grow.

Gloria died in January, not from cancer, but as an unfortunate result of heart surgery. In keeping with her fight for knowledge and cures for breast and ovarian cancer, even after she was gone, Gloria named The Sherie Hildreth Foundation as a recommended memorial remembrance.

Article donated by
-Phyllis (Survivor) & Father Ken

If you would like to make a donation, a remembrance in memory of, a celebration in honor of or any special occasion please send a check to:

Sherie Hildreth Ovarian Cancer
Foundation (S.H.O.C. F.)
P.O. Box 327
Gladstone, OR 97027

Supporting Our Troops



The Sherie Hildreth Ovarian Cancer Foundation supports our National Guard in Iraq. In January, our foundation sent 400 military style "Hats of Empowerment" to our Oregon National Guard troops in Iraq to give them strength and courage until they come home.



THE NATIONAL OVARIAN CANCER COALITION (NOCC) LAUDS CONGRESS ON PASSAGE OF LIFE-SAVING LAW TO EDUCATE WOMEN AND RAISE AWARENESS OF DEADLY GYNECOLOGIC CANCERS



(SAN FRANCISCO, Calif., Dec. 11, 2006) – Congress has granted final and unanimous approval for a life-saving piece of legislation that will fund awareness and education programs about the warning signs and risk factors of deadly gynecologic cancers, including ovarian cancer. The landmark bill, known as "Johanna's Law: The Gynecological Cancer Education and Awareness Act," creates a federal campaign designed to improve early detection and increase survival. According to a recent National Ovarian Cancer Coalition (NOCC) survey, only 15 percent of women are familiar with the symptoms of ovarian cancer, and 82 percent have never talked to their doctors about the symptoms and risk factors.

"Given the pervasive lack of knowledge and the fact that ovarian cancer still needs a screening test, awareness and education are essential to early detection and saving lives," said Jane Langridge, chief executive officer of NOCC. "On behalf of NOCC, I applaud Congress and the many ovarian cancer survivors who worked tirelessly on the passage of this law. This marks a historic occasion toward empowering women with information to prevent thousands of unnecessary deaths each year."

This year, more than 80,000 women will be diagnosed with a gynecologic cancer, and more than 28,000 women will die from these diseases. If caught in the early stages, the five-year survival rate for women with ovarian cancer is 90 percent. Unfortunately, ovarian cancer is one of the most difficult cancers to diagnose because symptoms are sometimes subtle and often mimic more prevalent digestive and gastrointestinal disorders. As a result, most women are still diagnosed in the advanced stages, when the five-year survival plummets to around 25 percent.

"Johanna's Law" is named for Johanna Silver Gordon, a retired schoolteacher who was diligent about her healthy lifestyle and regular visits to the gynecologist but, like most women, was unaware of the signs of ovarian cancer, including heartburn, abdominal bloating and constipation. By the time Johanna was diagnosed, she already had advanced stage disease and, after a three-and-a-half year battle, died in 2000 at the age of 58.

"Every inch of progress we make fighting these deadly diseases get us closer to a cure. Johanna's Law recognizes something critical - that until we have accurate screening methods, public education is one of the most important weapons we have toward beating gynecologic cancers like ovarian, cervical and uterine cancer," said Rep. Rosa DeLauro, a 20-year survivor of ovarian cancer and original cosponsor of the bill.

"In creating a federal campaign to educate women and health care providers alike, as this legislation does, we can take a bold step toward ensuring women know which symptoms to look for and how to seek help before it is too late. I am delighted that this legislation has passed Congress and will soon become law."

About Johanna's Law

Johanna's law will authorize a national public awareness campaign directed at women and their providers to promote early detection of gynecologic cancer and raise awareness about these devastating diseases.

Sherie Hildreth Ovarian Cancer Foundation Mission Statement

The mission of the Sherie Hildreth Ovarian Cancer Foundation is to provide funding for ovarian cancer research, to educate women about early detection of ovarian cancer, and to empower women recovering from ovarian cancer to find emotional, spiritual and physical balance and well being. The Sherie Hildreth Ovarian Cancer Foundation...

-Advocates for better understanding and appropriate testing for the early detection of ovarian cancer

-Educates women about symptoms, genetic predisposition, and testing for ovarian cancer

-Provides ongoing support in the form of workshops and support groups, to empower women to find balance and well-being

-Contributes funding for ovarian cancer research and financial assistance for individual testing through fundraising activities and the sale of headwear by HILEK DESIGNS.

The Sherie Hildreth Ovarian Cancer Foundation is a 501(c)3 charity.

Hats of Empowerment

Give a gift of courage and strength. Purchase a "Hat of Empowerment" for someone you love. Proceeds donated to cancer research. *Fighting cancer one hat at a time...*
www.hatsofempowerment.com

Thank you to these hardworking volunteers who make these events a reality. Susie Brooks, Lori & Barry Dayton, Jenn Waller, Bobbi Alwine, Phyllis & Bruce Lang, Jenifer Sugden, Emily All, Bruce Hildreth, Marty Van Wagner, Lisa White, Sheryl Rourke, Sharon Baranick, Barb Kaplon, Denise Browning, Rachel Hunsinger, Tammy Tracy, W.L. Kraxberger Middle School teachers and staff. The list goes on and on with many other volunteers. Though we cannot name them all, you know who you are. We appreciate all of you very much.

Thank you,
Sherie Hildreth and Cathy Ekerson

